



Event	Tide Race
Date	Thursday 20 th June 2019
Venue	Trecco Bay Beach Meet at Porthcawl Lifeguard Station
Time	5.30pm registration on the beach, ready to dig at 6:00pm
Team Name	
Team Contact Name	
Team contact email	
Amount In Team	(max 8)
How many under 18s in team (please remember to fill in under 18s consent form for them.)	
Agree photos can be taken and used on social media by SeaQuest	
Any additional information	

Please return to info@hqp-seaquest.com